

# DR. MAURYA D. COCKRELL

Licensed Practitioner + Certified Coach + Experienced Speaker

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Strategic, innovative, health management, human resources, and creative entrepreneurial professional with over 5 years' experience in business leadership and talent development. Self-motivated and adept in administration and program management with a proven record of building and nurturing relationships, managing projects from concept to completion, designing learning development strategies and supporting change management initiatives. Skilled in building cross-functional teams, demonstrating exceptional communication skills, and making critical decisions during challenges. An adaptable and transformational leader with an ability to work independently, create effective presentations, and create opportunities to enhance organizational goals.

## AREAS OF EXPERTISE

- Happiness and Creativity
- Diversity, Equity, & Inclusion/Belonging
- Social Determinants of Health
- Entrepreneurship
- EoL Practitioner
- Learning Design and Program Development

## EXPERIENCE

### 2017 - PRESENT

**FOUNDER**, LEAVES SPEAK HEALTHCARE | ST. LOUIS, MO

*Serving as a solutionary for intergenerational health equity.*

- Spearheaded training initiatives on elderspeak, intergenerational healthcare, and aging.
- Serviced older adults and families seeking elder and death doula support.
- Designed community initiatives focused on the social determinants of health.

### 2015 - PRESENT

**FOUNDER**, YKNOT CONSULTING, LLC (MAURYA DOMINICA, LLC) | ST. LOUIS, MO

*Designed and directed interdisciplinary solutions to solve individual, organizational, and community challenges; developed specialty programs to support executives, intrapreneurs, and entrepreneurs including consulting, coaching, and educational services.*

- Spearheaded client initiatives related to strategic direction, organizational design and improvement, talent management, and change management.
- Managed SDoH University platform including program development, curriculum development, and operations.
- Served as faculty member for entrepreneurship certificate and certification programs at International Association of Professionals (IAP) Career College (Business/HR consultant, executive/career coach, etc.)

### 2020 - 2021

**ADJUNCT FACULTY & CURRICULUM DEVELOPER** - A.T. STILL UNIVERSITY | KIRKSVILLE, MO

*Subject matter expert for trends in health professions education.*

- Planned, organized, and taught course on educational program evaluation.
- Assisted students via Canvas platform.

2019 - 2020

**ADA PROGRAM PARTNER, CENTENE CORPORATION | ST. LOUIS, MO**

*Subject matter expert and consultant in ADA law and policy.*

- Provided ADA workplace accommodation consultative services to employees, people leaders, and stakeholders enterprise wide.
- Managed complex leave and medical accommodation cases through accommodation request life cycle and case closure.
- Prepared reports for leadership, highlighting department specific metrics.
- Aided development and coordination of recommended workflow and efficiency changes.
- Partnered cross-functionally to drive Disability Inclusion strategy enterprise-wide.

*Senior Product Performance and Innovation Analyst | 2019 - 2019*

- Conducted qualitative and quantitative analyses on product performance, competitive position, product innovation, and product development.
- Subject matter expert for assigned state, New Mexico.
- Led various sub-projects and initiatives for Medicaid/Medicare Plans, Long-Term Support Services, and health policy.
- Collaborated with leadership on professional development planning for team members via employee engagement committee and team summits.

2016 - 2019

**PROJECT MANAGEMENT, BJC HEALTHCARE | ST. LOUIS, MO**

*Goldfarb School of Nursing: Project Manager for Transformation Support (Chief of Staff) | 2018 - 2019*

- Led 11 programs that solved multi-faceted challenges.
- Collaborated with senior leadership team and external consultants to conduct market research, perform evaluations, and identify specific business launch approaches.
- Researched, prepared, and facilitated delivery of executive presentations.
- Partnered with leadership to drive strategic effectiveness initiatives such as mission/vision rebranding, talent development frameworks, and change management consultation.
- Exceeded benchmark expectations with 100% completion of dashboard metric projects for finance, student affairs, research, and administration.

*Barnes-Jewish Hospital: Project Ethics/Clinical Pastoral Education Administrator | 2016 - 2018*

- Managed projects, programs, meetings, and events of the Ethics Committee (5 subcommittees), Clinical Pastoral Education Program (20+ students), and Spiritual Care Services Department (staff of 18); trained and supervised 8 event volunteers.
- Managed department grants (\$143,000) and \$1.4M budget.
- Prepared and submitted 18+ applications for Continuing Nursing Education credit.
- Collaborated on development and planning of employee engagement projects through research, resulting in improved annual employee satisfaction scores.
- Learning management system subject matter expert for ethics education.

## EDUCATION

**DOCTOR OF HEALTH PROFESSIONS EDUCATION - LOGAN UNIVERSITY | CHESTERFIELD, MO**

**M.A. IN HUMAN RESOURCES MANAGEMENT - WEBSTER UNIVERSITY | ST. LOUIS, MO**

**B.S. IN HEALTH MANAGEMENT & POLICY, SAINT LOUIS UNIVERSITY | ST. LOUIS, MO**

MINOR IN THEOLOGICAL STUDIES